LOSE WEIGHT GAIN HEALTH

Obesity is a disease that can be treated medically. Marshall Medical Center offers both medical weight loss and bariatric surgery, complemented by expert nutrition advice and behavioral health counseling to maximize results and long term success.

Weight loss surgery, also known as bariatric surgery, is a medical procedure resulting in dramatic weight loss. The procedure surgically limits the amount of food you can eat and changes how your body absorbs nutrients. Weight loss surgery is recommended for those severely overweight, especially when obesity negatively affects health.

Bariatric Surgery Seminar

Attend a bariatric surgery seminar for an overview of the Weight Loss and Bariatric Surgery Program at Marshall Medical Center.

Topics include:

- qualifications for surgery
- benefits and risks of surgery
- surgical options
- recovery time
- lifestyle modifications needed for a successful outcome.

Come to this free class presented by Ryan Lussenden, MD, to find out if bariatric surgery is right for you.

Register by calling 530-626-2990.

Ryan Lussenden, MD, FACS, is a board certified general surgeon, fellowship trained in bariatric surgery. Dr. Lussenden serves as medical director for Marshall Medical Center's Bariatric Surgery Program. He earned his medical degree at Albany Medical College and completed his general surgery internship at the Mayo Clinic. Dr. Lussenden completed his residency at Cottage Hospital in Santa Barbara and his bariatrics fellowship training at Lahey Clinic in Boston.









